

Voice Activation™

A Voice Workshop created specifically for teachers with a demanding voice workload.

Tricks, Tips and Tools to Maintain, Strengthen and Build the Voice

Special emphasis on vocal first aid, repair and recovery from overuse and strain!

This 90 minute inspirational, experiential workshop will answer questions about voice development and give you the tools needed to maximize your voice's full potential

Facilitated by Sheinagh Anderson



Sheinagh Anderson is a world traveler, professional performing/recording artist, singer, creator, teacher. She has worked with a host of nationally and internationally acclaimed theatrical, dance and circus companies. She has toured with Cirque du Soleil performing as the principal vocalist in North America and the Asian Pacific. Sheinagh's unique vocal sounds are influenced by her assimilation of western and eastern vocal traditions. She has applied these in performance and in her teachings.

As a master voice teacher Sheinagh has developed a practical and intuitive approach towards the performance and teaching of voice. Sheinagh is also a teacher of meditation and the Healing Arts including Reiki and Flower Essence Therapy. These are integrated in her vocal teachings.

She has taught performers of all backgrounds, in the circus arts, theatre, dance, public speaking, healing arts and comedic world to empower and prepare the voice for public presentation. She has conducted workshops , at the Sacred World Music Festival in Vancouver, with various circus artists from the Cirque Du Soleil, and has taught at colleges and universities in Australia.

More information about Sheinagh, her teachings, and other workshops at:

www.sheinagh.com
omsaraswati@shaw.ca